

SCARF Three Year School Progression for Two Class Schools

All SCARF lesson plans have been organised into six key themes/ blocks:

- Relationships
- Valuing Difference
- Keeping Myself Safe
- Rights and Responsibilities
- Being My Best
- Growing and Changing

For ease of planning in small schools the progression plan, outlined in this guide can be used by class teachers; one block of lessons per half term. This ensures that the key themes are covered equally over a three year period, avoiding repetition of lessons.

Two class school, three-year progression framework

LOWER STAGES – FIRST YEAR

Me and My Relationships

- All About Me (R)
- What Makes Me Special (R)
- Why we have classroom rules (Y1)
- Thinking about feelings (Y1)
- Our ideal classroom (1) (Y2)
- Our ideal classroom (2) (Y2)
- How are you feeling today? (Y2)
- As a rule (Y3)
- My special pet (Y3)

Rights and Responsibilities

- Looking after my special people (R)
- Looking after money (1): recognizing, using, spending
- Being helpful at home and caring for our classroom (R)
- Harold's wash & brush up (Y1)
- Around and about the school (Y1)
- Getting on with others (Y2)
- Our helpful volunteers (Y3)

Valuing Differences

- I'm special, you're special (R)
- Same and different (R)
- Same OR different? (Y1)
- Unkind, tease or bully? (Y1)
- What makes us who we are? (Y2)
- How do we make others feel? (Y2)
- Family and Friends (Y3)

Being My Best

- Bouncing back when things go wrong (R)
- Yes I can (R)
- I can eat a rainbow (Y1)
- Eat well (Y1)
- You can do it! (Y2)
- Harold's postcard – helping us to keep clean and healthy (Y2)
- Derek cooks dinner (Y3)

Keeping Myself Safe

- What's safe to go onto my body (R)
- Keeping myself safe:
What's safe to go into my body
(including medicines) (R)
- Healthy me (Y1)
- Super sleep (Y1)
- Harold's picnic (Y2)
- How safe would you feel? (Y2)
- Safe or unsafe? (Y3)

Growing and Changing

- Seasons (R)
- Life stages – plants, animals, humans (R)
- Inside my wonderful body (Y1)
- Taking care of a baby (Y1)
- A helping hand (Y2)
- Respecting privacy (Y2)
- Relationship tree (Y3)

Two class school, three-year progression framework

LOWER STAGES – SECOND YEAR

Me and My Relationships

- Me and my special people (R)
- Who can help me? (R)
- Our Feelings (Y1)
- Feelings & Bodies (Y1)
- Our Special People balloons (Y1)
- Bullying or teasing? (Y2)
- Don't do that (Y2)
- Tangram team challenge (Y3)

Rights & Responsibilities

- Caring for our world (R)
- Looking after my friends (R)
- Taking care of something (Y1)
- Harold's money (Y1)
- When I feel like erupting (Y2)
- How can we look after our environment (Y2)
- Helping each other to stay safe (Y3)

Valuing Differences

- Same and different families (R)
- Same and different homes (R)
- Harold's school rules (Y1)
- Who are our special people? (Y1)
- My Special People (Y2)
- When someone is feeling left out (Y2)
- My community (Y3)

Being my best

- Healthy eating (R)
- Healthy eating (2) (R)
- Harold has a bad day (Y1)
- Pass on the praise (Y1)
- Harold's bathroom (Y2)
- My day (Y2)
- Poorly Harold (Y3)

Keeping Myself Safe

- Safe indoors and outdoors (R)
- Listening to my feelings (1) (R)
- Who can help? (1) (R)
- Harold loses Geoffrey (Y1)
- What should Harold say? (Y2)
- I don't like that! (Y2)
- Danger or risk? (Y3)
- The Risk Robot (Y3)

Growing and Changing

- Life stages – Human life stage. Who will I be? (R)
- Where do babies come from? (R)
- Then and now (Y1)
- Who can help? (2) (Y1)
- Sam moves away (Y2)
- Basic first aid (Y2)
- Secret or surprise? (Y3)

Two class school, three-year progression framework

LOWER STAGES – THIRD YEAR

Me and My Relationships

- My Feelings (R)
- My Feelings (2) (R)
- Good friends (Y1)
- How are you listening? (Y1)
- Types of bullying (Y2)
- Being a good friend (Y2)
- Let's all be happy (Y2)
- Looking after our special people (Y3)

Rights & Responsibilities

- Looking after money (2): Saving money and keeping it safe (R)
- How should we look after our money? (Y1)
- Harold saves for something special (Y2)
- Harold goes camping (Y2)
- Recount task (Y3)
- Can Harold afford it? (Y3)

Valuing Differences

- Kind and caring (1) (R)
- Kind and caring (2) (R)
- It's not fair! (Y1)
- An act of kindness (Y2)
- Solve the problem (Y2)
- Respect and challenge (Y3)

Being My Best

- Move your body (R)
- A good night's sleep (R)
- Harold learns to ride his bike (Y1)
- Catch it! Bin it! Kill it! (Y1)
- My body needs... (Y2)
- What does my body do? (Y2)
- For or against? (Y3)

Keeping Myself Safe

- Keeping safe online (R)
- People who help to keep me safe (R)
- What could Harold do? (Y1)
- Good or bad touches? (Y1)
- Fun or not? (Y2)
- Should I tell? (Y2)
- Some secrets should never be kept (Y2)
- Super searcher (Y3)

Growing and Changing

- Getting bigger (R)
- Me and my body – Girls and Boys (R)
- Surprises and secrets (Y1)
- Keeping privates private (Y1)
- Haven't you grown! (Y2)
- My body, your body (Y2)
- Body Space (Y3)

Two class school, three-year progression framework

UPPER STAGES – FIRST YEAR

Relationships

- Dan's dare (Y3)
- An email from Harold (Y4)
- Ok or not Ok (Part 1) (Y4)
- Ok or not Ok (Part 2) (Y4)
- Collaboration challenge! (Y5)
- Give and take (Y5)
- Working together (Y6)
- Let's negotiate (Y6)
- Solve the friendship problem (Y6)

Rights and Responsibilities

- Harold's environment project (Y3)
- Who helps us stay healthy and safe? (Y4)
- How do we make a difference? (Y4)
- What's the story? (Y5)
- Fact or opinion (Y5)
- Rights, responsibilities and duties (Y5)
- Two sides to every story (Y6)
- Fakebook friends (Y6)
- What's it worth? (Y6)

Valuing Difference

- Our friends and neighbours (Y3)
- Can you sort it? (Y4)
- Islands (Y4)
- Qualities of Friendship (Y5)
- Kind conversations (Y5)
- OK to be different (Y6)
- We have more in common than not (Y6)

Being My Best

- I am fantastic! (Y3)
- What makes me Me! (Y4)
- Making choices (formerly Ed6 learns to be human) (Y4)
- Getting fit (Y5)
- It all adds up! (Y5)
- 5 ways to wellbeing project (Y6)

Keeping myself safe

- Alcohol and cigarettes: the facts (Y3)
- None of your business (Y3)
- Danger, risk or hazard? (Y4)
- Picture Wise (Y4)
- 'Thinking' about habits (Y5)
- Jay's dilemma (Y5)
- Spot bullying (Y5)
- Think before you click (Y6)
- Traffic lights (Y6)
- To share or not to share? (Y6)

Growing and Changing

- My changing body (Y3)
- Moving house (Y4)
- How are they feeling? (Y5)
- Taking notice of our feelings (Y5)
- Dear Hetty (Y5)
- Helpful or unhelpful? Managing change (Y6)
- I look great! (Y6)

Two class school, three-year progression framework

UPPER STAGES – SECOND YEAR

Relationships

- Thunks (Y3)
- How can we solve this problem (Y3)
- Human machines (Y4)
- Different feelings (Y4)
- How good a friend are you? (Y5)
- Relationship cake recipe (Y5)
- Assertiveness skills (formerly behave yourself (2) (Y6)
- Behave yourself (Y6)
- Dan's day (Y6)

Rights and Responsibilities

- Its your right (Y4)
- In the news! (Y4)
- Safety in numbers (Y4)
- Volunteering is cool (Y4)
- Mo makes a difference (Y5)
- Spending wisely (Y5)
- Jobs and Taxes (Y6)
- Action stations! (Y6)
- Project pitch (parts 1 & 2) (Y6)

Valuing Difference

- Let's celebrate our differences (Y3)
- Friend or acquaintance (Y4)
- What would I do? (Y4)
- Happy Being me (Y5)
- The land of the red people (Y5)
- Respecting differences (Y6)
- Tolerance and respect for others (Y6)

Being my Best

- Getting on with your nerves! (Y3)
- SCARF hotel (Y4)
- Harold's Seven R's (Y4)
- Different skills (Y5)
- My school community (2) (Y5)
- This will be your life (Y6)
- Our recommendations (Y6)
- Community Art (Y6)

Keeping Myself Safe

- Raisin challenge (1) (Y3)
- How dare you! (Y4)
- Medicines: Check the label (Y4)
- Know the norms (formerly tell ED6) (Y4)
- Ella's diary dilemma (Y5)
- Decision dilemmas (Y5)
- Play, like, share (Y5)
- Rat park (Y6)
- What sort of drug is...? (Y6)
- Drugs: It's the law! (Y6)

Growing and Changing

- Basic first aid (Y3)
- My feelings are all over the place! (Y4)
- All Change! (Y4)
- Changing bodies and feelings (Y5)
- Growing up and changing bodies (Y5)
- It could happen to anyone (Y5)
- Media manipulation (Y6)
- Pressure online (Y6)
- Is this normal? (Y6)

Two class school, three-year progression framework

UPPER STAGES – THIRD YEAR

Relationships

- Friends are special (Y3)
- When feelings change (Y4)
- Under pressure (Y4)
- Being assertive (Y5)
- Our emotional needs (Y5)
- Communication (Y5)
- Don't force me (Y6)
- Acting appropriately (Y6)
- It's a puzzle (Y6)

Rights and Responsibilities

- Earning money (Y3)
- Logo quiz (Y4)
- Harold's expenses (Y4)
- Why pay taxes? (Y4)
- Lend us a fiver! (Y5)
- Local councils (Y5)
- Happy shoppers (Y6)
- Democracy in Britain 1 – Elections (Y6)
- Democracy in Britain 2 – How (most) laws are made (Y6)

Valuing Difference

- Zeb (Y3)
- The people we share our world with (Y4)
- That is such a stereotype! (Y4)
- Is it true? (Y5)
- Advertising friendships (Y6)
- Boys will be boys? – Challenging gender stereotypes (Y6)

Being My Best

- Body team work (Y3)
- Top talents (Y3)
- My school community (1) (Y4)
- Independence and responsibility (Y5)
- Star qualities? (Y5)
- What's the risk? 1 (Y6)
- What's the risk? 2 (Y6)
- Basic First Aid (Y6)

Keeping Myself Safe

- Help or harm? (Y3)
- Keeping ourselves safe (Y4)
- Raisin challenge (2) (Y4)
- Drugs: True or false? (Y5)
- Smoking: What is normal? (Y5)
- Would you risk it? (Y5)
- Alcohol: What is normal? (Y6)
- Joe's story (Part 1) (Y6)
- Joe's story (Part 2) (Y6)

Growing and Changing

- Period positive (Y4)
- Secret or Surprise? (Y4)
- Together (Y4)
- Help! I'm a teenager, get me out of here! (Y5)
- Dear Ash (Y5)
- Stop, Start, Stereotypes (Y5)
- Making babies (Y6)
- What is HIV? (Y6)

Cross Curricular Lessons

Let's have a Tidy Up (Y3)

Can be added to either 'Rights and Responsibilities' or 'Being my Best' units

Volunteering is Cool (Y4)

Can be added to either 'Rights and Responsibilities' or 'Being my Best' units

Captain Coram

Found in the Y6 lessons on the SCARF website but can suitable for Y4-6.
These 6 lessons can be used as a standalone unit of work

- Captain Coram 1 - Gin Lane: children's rights in the 18th century
- Captain Coram 2 - Thomas Coram and the Foundling Hospital
- Captain Coram 3 - Funds for Foundlings: 18th century artists raise money for the 1st children's charity
- Captain Coram 4 - Hetty Feather, fictional foundling: children's rights in the 19th century
- Captain Coram 5 - Life for Foundlings in the 20th century
- Captain Coram 6 - Coram today: children's rights in the 21st century